

# **Medical Weight Loss**

TREATMENT PROGRAM



## Are You Suffering From or At Risk for Obesity?

## **How It Works:**



#### Watch our FREE Informational Video

If you would like to view our MWL video and learn more about the program, visit <a href="www.reformedicine.com/cfausd">www.reformedicine.com/cfausd</a> and fill out the short request form. You will receive the video link right away. There is no obligation to join after viewing! **Once you have viewed the video**, simply call the Cardinal Healthy clinic to enroll.



### **Enroll in the Program**

Enrollment Package of \$200 includes:

#### **ENROLLMENT**

#### **WELCOME APPOINTMENT INITIAL PROVIDER VISIT**



Visit the Cardinal Healthy webpage to request the free video and watch!



Scheduled 1 Week Prior to Provider Visit (Labs, Screening, Nutrition)



Focused Physical Exam Review Welcome Visit Results Prescriptions, Medication Adjustments



**HEALTH COACHING** 

First Three (3) Monthly Visits Included in Enrollment, Plus 4th Visit at Goal Weight



### **Monthly Active Weight Loss**

Monthly Provider Follow-Up Visits will include a targeted exam and prescription adjustments as needed, at \$25 per visit. Your first three (3) monthly Health Coaching Visits are included in your enrollment fee, and subsequent monthly health coaching visits are available at **no cost to you!** 



#### **Milestones**

The 3 month and 6 month labs and appointments are included in your enrollment fee:

- Lab Work at 3 Months
- Lab Work at 6 Months
- Health Coaching Visit once Goal/Best Weight Achieved

# The ReforMedicine sc Approach:



**NUTRITION** 

**MEDICATION** 

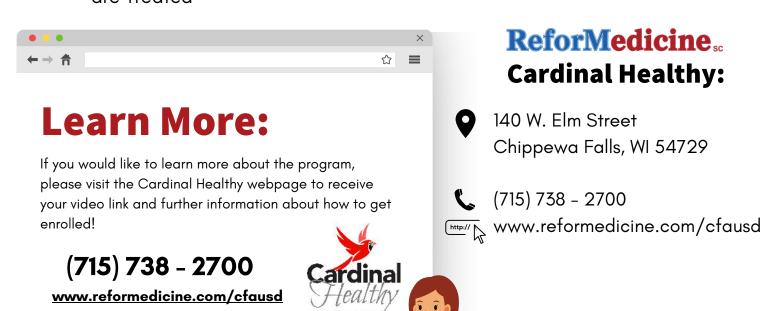
**BEHAVIOR** 

THERAPEUTIC MOVEMENT

# Obesity is a Medical Disease Contributing to Over 200+ Different Health Issues!

# **Obesity is Deserving Of:**

- Medical Attention
- Non-Surgical Approach FIRST
- To be Treated with the Same Intensity as All Other Chronic Conditions are Treated













# **Our Expert Team**

Cardinal Healthy Medical Weight Loss Providers and support staff have specialized training in Obesity Medicine. Our Providers take a personalized medical approach to helping people with obesity treat the disease and improve the health conditions it causes.





#### Kris Greener, BS CHES

- Certified Health Coach
- Certified Health Education Specialist
- Health & Wellness Specialist



#### Karla Roach, Health Coach

- Integrative Nutrition Health Coach
- Health and Wellness Specialist

