

ReforMedicine^{sc}

Direct Pay Family Practice &
Medical Weight Loss Specialists

The Medical Weight Loss program by ReforMedicine is overseen by a physician diplomate of the American Board of Obesity Medicine. As with any doctor-patient relationship, communication is key in providing superior care and achieving optimal results. Just as ReforMedicine will do its utmost to communicate clearly and meet expectations of our patients, our patients, too, will be expected to communicate clearly with us if they feel their program is not meeting their needs, must miss an appointment, or change the care plan in some way. In order for ReforMedicine to perform its role optimally, provide optimal access to care, and achieve the best outcomes for its patients, the following policies apply to the Medical Weight Loss program:

Policies:

- The Initial Medical Weight Loss Consult is a long appointment—in order to set aside this amount of time for a single patient, it **MUST BE PRE-PAID**
 - Failure to Show Up for appointment as scheduled or cancelling with less than **1 complete business days'** notice will result in forfeiture of Initial Medical Weight Loss Consult fees
 - To reschedule, another complete Initial Medical Weight Loss Consult fee must be pre-paid
- Patients are encouraged to communicate with ReforMedicine if an appointment must be cancelled or rescheduled at least 1 full business day prior to such appointment.
- Failure to show up for a pre-appointed Progress Visit, or failure to cancel at least one full business day prior to a scheduled visit will result in need to pre-pay all subsequent Medical Weight Loss/Maintenance Visits.
- If 75 or more days pass since the last medical weight loss visit, without prior arrangement between staff and patient, the patient will be considered to have dropped out of the program.
- Grace Period: If patient has not been seen in a month or two, but has not “no-showed” and less than 75 days have passed, the patient may resume progress appointments without “restart” fees
- If more than 75 but less than 180 days have passed, it is assumed the patient has been off the Eating Plan. A **pre-paid** “Re-start” fee of \$200 will apply to schedule a visit to resume the weight loss program. The fee includes the office call and new baseline fasting Lipid Panel and glucose level tests.
- If **more than 180 days** have passed since last visit, a patient who wishes to “Re-start” in the weight loss program will be scheduled in the usual fashion for an Initial Weight Loss Consult.
- “Touch Up” or “Recharge” visits for patients who “just want help getting going again” after being away from program greater than 180 days will be pre-paid as an Initial Weight Loss Consult.
- No weight loss medications will be prescribed for any patient outside the context of the Medical Weight Loss Program, nor outside the setting of the usual office Initial Weight Loss Consult or Progress Check visit.
- Weight loss medications are prescribed in similar fashion to any other medication that physicians prescribe. If it is determined to not be helpful in achieving results, or is detrimental to the patient, the physician has sole discretion regarding its continued use.