

Medical Weight Loss

TREATMENT PROGRAM



Are You Suffering From or At Risk for Obesity?



How It Works:

1

Watch our FREE Informational Video

Start by creating a Spruce account via mobile phone or on your web browser. Spruce is our free, easy to use, HIPAA-secure messaging platform that will guide you through our enrollment process. **Text "app" to (715) 514 - 2827** to get your account link today, or find further instructions on our website at www.reformedicine.com/spruce.

2

Enroll in the Program

Enrollment Package of \$913 includes:

ENROLLMENT



Set up your Spruce account via app or browser to get started!

WELCOME APPOINTMENT



Scheduled 1 Week Prior to Provider Visit (Labs, Screening, Nutrition)

INITIAL PROVIDER VISIT



Focused Physical Exam
Review Welcome Visit Results
Prescriptions, Medication Adjustments

HEALTH COACHING



First Three (3) Monthly Visits Included in Enrollment, Plus 4th Visit at Goal Weight

3

Monthly Active Weight Loss

Monthly Provider Follow-Up Visits will include a targeted exam and prescription adjustments as needed, at \$135 per visit. Your first three (3) monthly Health Coaching Visits are included in your enrollment fee, and subsequent monthly visits available for an additional cost of \$54 per visit.

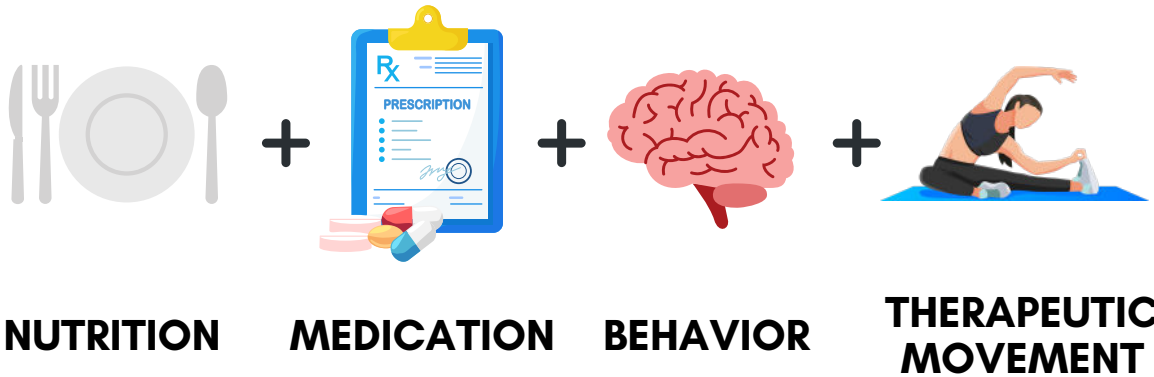
4

Milestones

The 3 month and 6 month labs and appointments are included in your enrollment fee:

- Lab Work at 3 Months
- Lab Work at 6 Months
- Health Coaching Visit once Goal/Best Weight Achieved

The ReforMedicine^{sc} Approach:



Obesity is a Medical Disease Contributing to Over 200+ Different Health Issues!

Obesity is Deserving Of:

- Medical Attention
- Non-Surgical Approach FIRST
- To be Treated with the Same Intensity as All Other Chronic Conditions are Treated



Learn More:



If you would like to learn more about the program or begin the program, please download the Spruce mobile app or visit www.sprucehealth.com to get started.

Once you've messaged "MWL" in the chat, you will receive our video link to watch and learn more. *There is no obligation to join after viewing!*



ReforMedicine^{sc}

Corporate Office:

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✉ info@reformedicine.com



Our Expert Team

ReforMedicine Medical Weight Loss Providers and support staff have specialized training in Obesity Medicine. Our Providers take a personalized medical approach to helping people with obesity treat the disease and improve the health conditions it causes.



David J. Usher, MD

- Medical Director and Founder, ReforMedicine
- Board Certified Family Practice Physician
- Diplomat of the American Board of Obesity Medicine
- Member of the Obesity Medicine Association



Dana Butterbrodt, DNP, FNP-C, APNP

- Board Certified Family Nurse Practitioner
- Obesity Medicine Specialist
- Earned a Certificate of Advanced Education in Obesity Medicine
- Member of the Obesity Medicine Association (OMA)



Renee Carlson, DNP, FNP-C, ANP-C, APNP

- Board Certified Family Nurse Practitioner and Adult Nurse Practitioner
- Obesity Medicine Specialist
- Earned a Certificate of Advanced Education in Obesity Medicine
- Member of the Obesity Medicine Association (OMA)



Ellen Canopy, PA-C

- Board Certified Physician Assistant
- Obesity Medicine Specialist
- Earned a Certificate of Advanced Education in Obesity Medicine
- Member of the Obesity Medicine Association (OMA)



Michael Braunsky, D.O.

- American Board of Family Medicine certified
- Obesity Medicine Association member



Sophie Hong, PA-C

- Board Certified Physician Assistant
- Obesity Medicine Specialist



Marissa Talmage, PA-C

- Board Certified Physician Assistant
- Obesity Medicine Specialist



Kris Greener, BS CHES

- Certified Health Coach
- Certified Health Education Specialist
- Health & Wellness Specialist



Karla Roach, Health Coach

- Integrative Nutrition Health Coach
- Health and Wellness Specialist