

Printable Shopping List

Requested items for Christmas for Heroes 2019 Boxes

- ☐ Body wash/soap
- ☐ Nail clipper/nail file
- ☐ Ibuprofen
- ☐ Toothbrush, toothpaste, floss
- ☐ Mouth wash
- ☐ Shampoo/conditioner
- ☐ Eye drops
- ☐ Hand lotion/hand sanitizer
- ☐ Wet wipes and baby wipes
- ☐ Sunblock
- ☐ Hand warmers
- ☐ Socks
- ☐ Q-tips
- ☐ Chapstick
- ☐ Disposable razors
- ☐ Foot powder/baby powder
- ☐ Deodorant
- ☐ Blank cards (to send home)
- ☐ Pens, pencils, markers
- ☐ Crossword puzzle books
- ☐ Word search books
- ☐ Magazines (clean content)
- ☐ Books (clean content)
- ☐ Playing cards
- ☐ Handheld games
- ☐ Trail mix
- ☐ Candy or treats
- ☐ Protein bars
- ☐ Granola bars
- ☐ Drink mix powders
- ☐ "Good" coffee
- ☐ Powder creamer
- ☐ Beef jerky
- ☐ Crackers
- ☐ Cookies
- ☐ Popcorn
- ☐ Peanuts/nut mixes/seeds
- ☐ Pretzels
- ☐ Individual food cups
- ☐ Hot cocoa
- ☐ Gum or breath mints
- ☐ Homemade goodies
- ☐ Pictures or posters (clean content)
- ☐ Movies, dvds, cds
- ☐ Visa or Mastercard gift cards
- ☐ AA or AAA batteries
- ☐ Small earphones or ear buds
- ☐ Craft items
- ☐ 1 GB and 2GB USB memory sticks
- ☐ Children's drawings or artwork



Please drop off any
donations by the end of the
day Wednesday,
November 27th at
ReforMedicine Eau Claire or
ReforMedicine Menomonie.